



bridport
leisure centre

FEBRUARY HALF-TERM ACTIVITIES

Monday 18th February to Friday 22nd February 2019

Date	Activity	Time	Age	Location	Price
Monday 18th February	Multi Sports Camp: from badminton to football - a whole day of sports and team activities! Activities will run indoors. Please wear appropriate clothing and footwear.	9am-4pm	5-12yrs	Sports Hall	£18.00
	Street Dance: a fun and funky dance session to help your child learn street dance moves, improve their coordination and have lots of fun with new friends.	12.30pm - 1.30pm	6-12yrs	BACIT Studio	£5.00
Tuesday 19th February	Trampolining: an ideal opportunity for children to have a go at trampolining under the guidance of our expert coach. A great way to improve fitness, coordination and balance.	1.30pm - 2.30pm	5 yrs +	Sports Hall	£5.00
		2.30pm - 3.30pm	5 yrs +	Sports Hall	£5.00
	Junior Paddleboarding Session: Stand Up Paddleboarding (SUP) is one of the UK's fastest growing water sports. It helps to improve balance, core stability and is a good way of keeping fit. In this fun session children will learn the basics of paddleboarding and take part in games and activities to test their balance and coordination.	1pm - 2pm	8-15 Yrs	Main Pool	£7.50
Wednesday 20th February	Multi Sports Camp: from badminton to football - a whole day of sports and team activities! Activities will run indoors. Please wear appropriate clothing and footwear.	9am-4pm	5-12yrs	Sports Hall	£18.00
	Water Confidence COURSE Stage 1 & 2: PART 1 A fun introduction to swimming and building water confidence, whilst learning different methods of moving in the water, using a variety of aids.	8.45am - 9.30am	4 yrs +	Learner Pool	£9.00
Thursday 21st February	Multi Sports Camp: from badminton to football - a whole day of sports and team activities! Activities will run indoors. Please wear appropriate clothing and footwear.	9am-4pm	5-12yrs	Sports Hall	£18.00
	Water Confidence COURSE Stage 1 & 2: PART 2 A fun introduction to swimming and building water confidence, whilst learning different methods of moving in the water, using a variety of aids.	8.45am - 9.30am	4 yrs +	Learner Pool	2-PART COURSE
	Squash Camp: a 2hr squash camp providing coaching, drills and fun games for beginners and improvers with professional squash coach Jason Martin.	10.15am - 12.15pm	7 - 17 yrs	Squash Courts	£9.00
Friday 22nd February	Multi Sports Camp: from badminton to football - a whole day of sports and team activities! Activities will run indoors. Please wear appropriate clothing and footwear.	9am-4pm	5-12yrs	Sports Hall	£18.00

For more information or to book, please contact reception

- Please make sure your child brings a drink and wears suitable clothing (ideally with no buckles or zips) for the activity
- For Half-Term Swimming Pool times, please visit www.bridportleisure.com/swimming or contact reception
- On booking, please ensure that we have up to date contact information for you
- For more information or to book please contact reception - Tel: 01308 427464

