

## Bigfish Newsletter No.14 - April 2009

\*\*\*\*\***SWIMMER OF THE MONTH AWARD**\*\*\*\*\*

The Swimmer of the Month Award was awarded for the first time during March 2009 to **LIAM GOFF**.

Liam was nominated by Alex Lawrence who says "Liam has moved steadily through the levels managing to achieve a good standard in all strokes in spite of suffering a badly broken arm a while ago. Liam always completes whatever I ask him to without hesitation and with a Smile on his face.

Liam is 9 years old and has been attending swimming lessons at Bridport Leisure Centre since he was 4 years old. Liam now swims in a level 9/10 class and has hardly missed a lesson!

April's Swimmer of the month is **ELLA-MAY CAULDWELL**.

Ella has been nominated by Maria Bowin-Ashwin who says "Ella is a quiet, sensible girl who always listens and watches intently and then does exactly as she is asked. During the past couple of terms Ella has made good steady progress which has been noticeable week by week and now, just before Easter, has made the big jump from level 5 in the small pool to level 6 in the big pool which I have been assured she is coping with well. Ella will be missed by both myself and the friends she has left behind!"

Ella-May first started lessons as an intensive course during the summer holidays when she was 4 and then moved into weekly lessons. Ella-May's mum says "Ella-May really enjoys her swimming lessons and never wants to miss them, she gets real enjoyment from her lessons and swimming"

Well done Liam and Ella-May from Alex, Maria and the Bigfish swimming teachers.

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Look out for information on the Swimmer of the Month on the Swimming Notice Board in the Café area

### COMING SOON – BIGFISH GALA FOR THE LEARNER POOL

Following the success last November of our first Bigfish gala for levels 6 and above we are holding a Gala for levels 1- 5 in the Learner Pool on Saturday 27<sup>th</sup> June from 3pm onwards. Your child's Swimming Teacher will be giving out information in the near future. There will also be information on the Swimming Notice Board.

Pool Hygiene - Please can we remind all swimmers to use the toilet and to shower before their swimming lesson.

As well as our weekly Bigfish swimming lessons Bridport Leisure Centre offer a range of short courses during the school holidays. The courses include Swimming, Trampolining and Cycling Safety. There are also a range of workshops for various ages. Collect a Holiday Activity leaflet for more information from Reception.

### Swim Teacher Courses

In association with Bridport Barracudas Swimming Club we will be running an ASA UKCC Level 1 Certificate for Teaching Aquatics Units 1 & 2 from 26<sup>th</sup> June to 12<sup>th</sup> July 2009.

If you have an interest in swimming and would like to consider learning how to teach swimming this is the first step to take. More details of the course and prices can be obtained by contacting either Ian Mortimer, Barracudas Coach and Course Organiser, or Penny Steventon, Swim Co-ordinator via Reception on 01308 427464.

### Changes to the Pool Programme

**From the week commencing 20<sup>th</sup> April there will be aquafit sessions available 5 days a week which are open to all abilities:**

Monday 11.30am -12 noon drop in session  
 Tuesday 7.00 – 8.00pm drop in session  
 Wednesday 11.30am -12 noon Deep Water\* Aquafit - need to book at reception  
 Thursday 7.00 – 8.00pm drop in session  
 Friday 11.30am -12 noon drop in session

\*Need to be Deep Water Confident

Please note adult only swimming will be 8.00pm - 9.30pm Tuesday and Thursday. Pool will be closed during 7.00pm – 8.00pm for public swimming due to the changes in the programme. We apologise for any inconvenience caused.

Bigfish Swim Pass\*\*\*\*\*Bigfish Swim Pass\*\*\*\*\*Bigfish Swim Pass\*\*\*\*\*Bigfish Swim Pass\*\*\*\*\*

During public sessions during School Holidays members of Bigfish can swim for free!! Just tell Reception which day and time your class is to get your swim ticket. Parents please remember children under 8 must be accompanied by an adult.

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Monthly Direct Debit Member £16.00, Non Member £19.00

#### **BIG FISH CASH ENROLMENTS and PRICES 2008/9**

Block No	No weeks	Start	End	Reminder letters sent w/c	Payment week FOR THIS BLOCK	Member	Non Member
2	13	30 <sup>th</sup> March	28 <sup>th</sup> June	2 <sup>nd</sup> March	16 <sup>th</sup> – 20 <sup>th</sup> March	£53.04	£62.40
3	13	29 <sup>th</sup> June	27 <sup>th</sup> Sept	1 <sup>st</sup> June	15 <sup>th</sup> 19 <sup>th</sup> June	£53.04	£62.40
4	12	28 <sup>th</sup> Sept	20 <sup>th</sup> Dec	1 <sup>st</sup> Sept	14 <sup>th</sup> – 18 <sup>th</sup> Sept	£48.96	£57.60

For more information on Prices or joining Bigfish please ask at reception or fill in a Swimming assessment card and Penny Steventon our Swimming Co-ordinator will contact you.

